

## Yukiko Uchida Lab Information

**Director: Yukiko Uchida, PhD. (Professor, Kokoro Research Center, Kyoto University)**

**E-mail: [uchida.yukiko.6m@kyoto-u.ac.jp](mailto:uchida.yukiko.6m@kyoto-u.ac.jp)**

### **Research field information**

This is a Cultural Psychology Research Lab. The methodology used is similar to Social Psychology, which includes experiments and surveys. International comparison research as well as field work inside Japanese farming and fishing villages are conducted. Because cross-cultural collaboration is a main part of our research, we have many foreign students and short-term/long-term visiting scholars, thus the seminar is now conducted mainly in English. Recent research themes include well-being and happiness, the relationship between social-cultural environment and the mind, cultural change, social structure (social hierarchy) and cognition, learning process of different cultural-cognitive styles, organizational culture and regional culture.

### **Practical information**

Students need to take the entrance exam for the Graduate School of Human and Environmental Studies at Kyoto University. The exam for Psychology will be given in Japanese, so sufficient knowledge of the field as well as of the language is required.

For details please visit the website: <http://www.h.kyoto-u.ac.jp/jinkan/entrance/>

**\*Since Professor Uchida will stay at Stanford University in 2019-2020, we will not recruit a new student starting from April 2020.**

**\*We will not recruit research student except for MEXT scholarship student.**

Students need to have enough Japanese language ability to live in Japan and to take classes in Japanese after being enrolled in university.

It is recommended for students to apply for the MEXT scholarship in their own country before coming to Japan. With the MEXT scholarship, students are able to stay in Japan before the entrance exam as "research students" and take classes to improve their Japanese level.

For details please visit the website:

[http://www.mext.go.jp/a\\_menu/koutou/ryugaku/boshu/1319066.htm](http://www.mext.go.jp/a_menu/koutou/ryugaku/boshu/1319066.htm)

We do not accept "research students" other than those funded by MEXT scholarship.

Please contact us via this form: <http://goo.gl/forms/DKaHhP3fsy>

## **Current members in Uchida lab (July 2019)**

Professor 1

Assistant Professor 1

Post-Doc Researcher 3

PhD candidates 7

Master student 3

MEXT scholarship Research Student 1

## **List of the books/papers for your study**

### Books

“Cultural Psychology” Steven J Heine

“Culture of Honor” Nisbett & Cohen

“Research Design Explained” Mitchell & Jolley

「社会心理学概論」 北村英哉・内田由紀子 ナカニシヤ出版

「社会心理学キーワード」 山岸俊男 有斐閣

### Papers

• Markus, H. R., & Kitayama, S. (1991). Culture and the self: Implications for cognition, emotion, and motivation. *Psychological review*, 98, 224-253

• Kitayama, S., Park, H., Sevincer, A. T., Karasawa, M., & Uskul, A. K. (2009). A cultural task analysis of implicit independence: comparing North America, Western Europe, and East Asia. *Journal of personality and social psychology*, 97, 236-255

• Uskul, A. K., Kitayama, S., & Nisbett, R. E. (2008). Ecocultural basis of cognition: Farmers and fishermen are more holistic than herders. *Proceedings of the National Academy of Sciences*, 105, 8552-8556.

• Kitayama, S., Ishii, K., Imada, T., Takemura, K., & Ramaswamy, J. (2006). Voluntary settlement and the spirit of independence: Evidence from Japan's northern frontier. *Journal of personality and social psychology*, 91, 369-384

• Kitayama, S., Duffy, S., Kawamura, T., & Larsen, J. T. (2003). Perceiving an object and its context in different cultures A cultural look at new look. *Psychological Science*, 14, 201-206.

• Uchida, Y., Kitayama, S., Mesquita, B., Reyes, J. A. S., & Morling, B. (2008). Is perceived emotional support beneficial? Well-being and health in independent and interdependent cultures. *Personality and Social Psychology Bulletin*, 34, 741-754.

• Uchida, Y., & Kitayama, S. (2009). Happiness and unhappiness in east and west: themes and variations. *Emotion*, 9, 441-456.

• Uchida, Y., & Ogiwara, Y. (2012). Personal or interpersonal construal of happiness: A cultural

psychological perspective. *International Journal of Wellbeing*, 2, 354-369.

• Norasakkunkit, V., & Uchida, Y. (2011). Psychological consequences of postindustrial anomie on self and motivation among Japanese youth. *Journal of Social Issues* 67, 774-786.

• Uchida, Y., Takemura, K., Fukushima, S., Saizen, I., Kawamura, Y., Hitokoto, H., Koizumi, N., & Yoshikawa, S. (2019). Farming cultivates a community-level shared culture through collective activities: Examining contextual effects with multilevel analyses. *Journal of Personality and Social Psychology*, 116(1), 1-14.